



Just Mediation Pittsburgh Resource Guide

This is a general reference guide for the many resources available in the Pittsburgh area. Programs may change without notice, and funding is contingent on availability. Please get in touch with each program on an individual basis.

Resource Navigation - call for referrals to additional resources:

- **Allegheny Link:** 1-866-730-2368, weekdays, 8:00 am - 5:00 pm
 - Main hotline for housing and homelessness resources in Allegheny County. Call to be assessed for short or long-term housing programs.
- **United Way PA 211:** Dial 2-1-1 (like you would dial 9-1-1) or text zip code to 898-211
 - Provide referrals for a variety of resources including housing, food assistance, clothing, tax preparation, medical/mental health resources, and more.

Housing Stabilization Center:

- Hours: Monday – Thursday, 9:30 am – 4:30 pm (The last applicant is taken at 4 pm and doors may be locked after that)
- Address: 415 Seventh Avenue, Pittsburgh, PA 15219
- Please bring documentation if you have it (Eviction Docket, Income verification for the last 30 days, Lease, Photo ID for all adults in the household, Social Security Cards for all household members, Birth Certificates for all household members)
- Please note that assistance is first come, first served. Drop in only, no appointments.

Legal Assistance:

- **Neighborhood Legal Services Association:** Call 1-866-761-6572 or complete online application to receive free legal consultation and/or representation through the eviction process (nlsa.us/request-legal-help)
- **Community Justice Project:** Call 412-434-6002 or complete online form to receive legal advice related to housing civil rights cases (communityjusticeproject.com/contact)

Rental and Financial Assistance:

- **Bloomfield-Garfield Corporation - Neighbors in Need Crisis Fund:** Call 412-441-6950, ext. 11 or email PAM@bloomfield-garfield.org
 - Must live in East End of Pittsburgh, focusing on zip codes 15206 and 15224
- **Catholic Charities:** 412-456-6999
 - Basic needs assistance, pregnancy/parenting support, low-income health care.
- **Salvation Army:** Contact your local Salvation Army or call the national hotline at 773-205-3520. Provides variety of services depending on location.
- **St. Vincent de Paul Society:** 412-321-1071 (dial 2 for financial assistance)
 - Referrals for food, clothing, furniture, rent, utility, and/or medical assistance
- **YWCA Programs:** Call 412-255-1488 to be screened for eligibility
- **Jewish Family & Community Services Critical Needs Hotline:** 412-422-7200 or email info@jfcspgh.org
- **North Hills Community Outreach:** Call 412-487-6316 or email help@nhco.org
 - Rental, security deposit, or utility assistance in certain emergency situations



- **Bethlehem Haven - Safe at Home Program:** 412-391-1348
 - Can provide rental, utility, or security deposit assistance to women over 55 years old, or women 55 and under with children.
- **Allegheny Valley Association of Churches Emergency Assistance:** Call 724-226-0606 ext. 10 or email beth@avaoc.org - weekdays 9 am - 5 pm
 - Must live in Allegheny Valley area (East Deer, Brackenridge, Tarentum, Fawn, Frazier, Harrison, Lower Burrell, Verona, New Kensington, or Arnold).
- **Union Aid Society:** Call 412-741-9240 or email info@unionaidsociety.org
 - Must live in Quaker Valley School District. Provides wide variety of services.
- **Action Housing Rental Assistance Hotline:** For general rental assistance/AHSC questions rentalassistance@actionhousing.org or (412) 248-0021

Utility Assistance:

- **Department of Public Welfare - Low Income Heating Assistance Program (LIHEAP):** Call your local County Assistance Office, the LIHEAP hotline at 1-866-857-7095, or go to www.compass.state.pa.us to apply online
 - Can provide crisis grants for utilities that heat your home (typically gas and/or electric). Opens during fall/early winter, accepts applications until spring.
- **Dollar Energy Fund:** Contact your utility provider directly and ask to apply.
 - Can help with crisis grants for different utility bills (gas, electric, water, etc.)

Food Assistance:

- **Greater Pittsburgh Community Food Bank:** (412) 460-3663, visit pittsburghfoodbank.org/findfood to view pickup locations in your community
- **East End Cooperative Ministries Food Services:** 412-345-7149 or visit <https://www.eecm.org/communityfoodservices> to learn more.
- **Northside Common Ministries Community Food Pantry:** (412) 323-1170 or visit <http://www.northsidefoodpantry.org/> to learn more.

Mental Health:

- **Resolve Crisis Services: 24 hour hotline:** 1-888-7-YOU-CAN (796-8226) or walk in to the crisis center at 333 North Braddock Ave, Pittsburgh PA 15208
- **Family Links Mental Health & Substance Abuse:** (412) 471-6162, <https://www.familylinks.org/>
- **Pittsburgh Mercy Behavioral Health:** 1-877-637-2924
 - Walk-In Crisis Services Available 24/7, 264 South 9th Street, Pittsburgh, PA 15203-1263 (South Side)

Discrimination:

- **Fair Housing Partnership:** 412-391-2535
- **Pittsburgh Commission on Human Relations:** 412-255-2600 (investigates complaints in the City)
- **Allegheny County Human Relations Commission:** 412-350-6945 (investigates complaints in Allegheny County)